

Attendees:

Donna Hayford
Leah Drennan
Brian Ross
David McCarthy
Public attendee: Michael Modern

Topics Discussed:

- 1) Minutes of the March 16th meeting were approved. Dave will provide a copy of the minutes for posting on the Town Web site.
- 2) Donna Hayford provided a framework and sample for developing, documenting, and publishing cycling and walking routes in York. (See attached)

The Committee supports the approach Donna proposed and offered a few comments to be incorporated as we move forward. Some issues brought out in the discussion will need to be addressed more broadly in the Master Plan including parking and facilities at starting points for the routes and bike racks at places cyclists may stop to shop, dine, or enjoy beaches or trails.

We will also look at other initiatives that document bike routes and walking trails to leverage their efforts. (e.g. SABR -Seacoast Area Bicycle Routes and MTA2C maps.)

- 3) Public Forum:

The Cycling and Walking Community Forum is scheduled for Saturday, May 7th at the York Public Library from 9:00 to 11:00.

The format of the Forum will include registration, a brief introduction on how the process works, and then a series of breakout areas for people to provide their views, experiences, and hopes for improving safety and accessibility for walkers and cyclists in York. Participants will be able to provide their thoughts in any or all of the topical breakout areas or other thoughts not covered.

The Committee brainstormed topics and materials needed to support the forum breakout areas. While still a work-in-progress, the following breakout topics were identified. Items (g) through (j) were identified, but not discussed.

- a. Question: Where do you NOT feel safe biking or walking? Separate maps will be provided for biking and walking. The maps will include actual crash data from 2012 – 2015. Participants will be given numbered dots to put on maps at locations they feel are unsafe. An accompanying sheet will allow comments to be entered for each spot.
- b. Question: Where would you like to be able to walk or bike? Process similar to (a) above.
- c. Question: The map in this area will show all current sidewalks and crosswalks and ask where do you believe new sidewalks or crosswalks are needed to improve safety? Process similar to (a) above.

- d. Question: Where do you think street lights should be added or repositioned to improve safety? Process similar to (a) above but reference map will not include existing lights due to map size limitations.
- e. Question: Where do you believe signage and/or road markings should be placed to improve safety for walkers and cyclists? Process similar to (a) above, but breakout area will have pictures of approved cycling and pedestrian signs.
- f. Question: What areas do you believe speed limits should be changed? Process similar to (a) above.
- g. Question: What bicycle amenities (e.g. bike racks, bike repair air pump/tool stations) are needed and where.
- h. Question: How can we educate cyclists, pedestrians, and motorists on rules of the road and mutual rights and responsibilities?
- i. Question: When, where and how can law enforcement act to improve safety for all road users?
- j. Question: What activities or events related to cycling (e.g. bike rodeos, bike swaps, group rides) and/or related to walking (e.g. community walking groups) would you like to see in York?

4) Survey:

A brief discussion was held on the survey. Donna will forward some minor corrections to Scott to be incorporated. The group decided to change the title to: "Town of York Walking and Bicycling Survey". Scott will check with Steve Burns on the how and when to present the survey to Selectmen. The survey period will begin on April 11th (after the Committee Report to the Selectmen) and run through June 6th.

5) Bike Rodeo: June 2nd

A Bike Rodeo has been scheduled for June 2nd at Coastal Ridge Elementary School. Dave met with Andy Gray and Eileen Brault to begin fleshing out details for the rodeo. See attached summary.

6) Choose to Be Healthy Coalition Meeting Feedback.

See attached. Of particular note is the award of a bicycle rack to the Committee for their efforts in improving community health through walking and cycling. The Committee will determine where that bike rack will be located at the next meeting.

Action Items:

Contact Missy Avery about having cycling related public service announcements on the local access channel. (Dave)

Next Meeting: March 23, 2016 at 1:00 at the York Public Library

Guest: Dean Lessard – Paving Plans, Capital Budgets, installing 3 foot law signs

Finalize Survey

Discuss Report to Selectmen on April 11

Discuss candidates for location of bike rack presented to the Committee by the Choose to be Healthy Coalition.

Upcoming Calendar of Bike/Ped events:

April 11: Committee report to Selectmen's Meeting

April 11: Kick-off for Bike Survey

April 20: Meet with Chamber of Commerce representatives

May 7: Public Forum on cycling and pedestrian issues

May 14: York Community Dialog on Town Taxes (8:30 – 11:30)

May 18: Committee members participate in Chamber After Hours Event

May 21: York Voting Day – Committee booth with survey and educational materials

June 2: Bike Rodeo at CRES – set-up at 4:00; Rodeo from 5:30 to 7:30

June 4: National Trails Day - Hiking with Families – Mt A – 1:00-2:00

July 19: Bike and Pedestrian Safety Education presentation to Library summer reading program

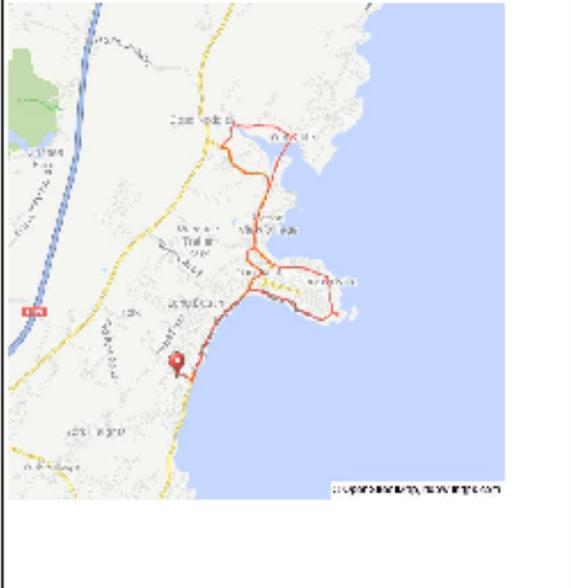
TBD: Bike and Pedestrian Safety Education presentations at Coastal Ridge

Beaches/Coastal		Rural/Conservation	
Bicycle Rides	Walks	Bicycle Rides	Walks
Scenic Bridges of York, easy, 5 miles	Wiggly Bridge	Bog Rd to Mt A loop, strenuous, 20 miles	Highland Farm Preserve
Scenic York and Cape Neddick beaches, Nubble Lighthouse, moderate, 10 miles	Fisherman's Walk	YLT sites...fbd	Bog Walk (Bog Rd)
Scenic York and Cape Neddick beaches, Nubble Lighthouse, Chases Pond, moderate to strenuous, 40 miles	Long Sands Beach		Hilton-Winn Farm
Scenic coastal ride from York, York Harbor to Fort Foster (Kittery), moderate, 25 miles	Goodrich Park		MT A Trails
Barns of York, Cemeteries, Gardens...			

Considerations:

- 1) Segregated rides by Beaches/Coastal vs Rural/Conservation (beaches/coast are York's focal point; population centers; sprawl reduction (conservation and wildlife)
- 2) Focus on major public roads for bike routes (complete streets); not private neighborhoods
- 3) Vision for safety of published rides for Master Plan (need to design safest routes; then enhance for safety)
- 4) Origin of bike rides; public place like YHS, YMS, York Library, Bog Field
- 5) Postcard size advertising with links to Google maps (smart/android phone, Walkyourcity.org)
- 6) Maps contain road conditions, shoulders, food-drink, public facilities
- 7) Assistance with ride design, development of google maps/fitbit; Resources? Funding?
- 8) Disclaimer

Sample Ride – Scenic York and Cape Neddick Beaches, Nubble Lighthouse, Moderate, 10 miles

	<p style="text-align: center;">CUE SHEET</p> <p>Start at York High School (1 Robert Stevens Dr)</p> <p>→ Right Turn right onto Webber Rd</p> <p>← Left Turn left onto Long Beach Ave</p> <p>→ Right Turn onto Nubble Rd</p> <p>→ Right Turn right onto Sohier Park Rd</p> <p>→ Right Turn right onto Nubble Rd; ↑ Straight Continue onto Broadway</p> <p>→ Right Turn right onto Willow Ave</p> <p>← Left Slight left onto Ocean Ave Ext</p> <p>→ Right Turn right onto Main St</p> <p>→ Right Turn right onto Shore Rd</p> <p>← Left Turn onto River Road</p> <p>← Left Turn onto Clark Rd</p> <p>← Left Turn left onto Cape Neddick Rd</p> <p>↑ Straight Continue onto Main St; ↑ Straight Continue onto Railroad Ave; ↑ Straight Continue onto Church St</p> <p>→ Right Turn right onto Long Beach Ave</p> <p>→ Right Turn right onto Webber Rd</p> <p>← Left Turn – Arrive at York High School</p>
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Bike Rodeo Meeting – March 18, 2016

Attendees: Eileen Brault, Andy Gray, David McCarthy

The meeting was to discuss the planning of the June 2nd bike rodeo to be held at Coastal Ridge Elementary School.

Groups to be involved:

York Bicycle and Pedestrian Committee

Coastal Ridge Elementary School

Village Elementary School

VES Parent Group

Bicycle Coalition of Maine

York Parks and Rec

York Police Department

CycleYork volunteers

General Rodeo Information:

The rodeo will be on June 2nd from 5:30 to 7:30 at Coastal Ridge. Set-up for the rodeo will begin at 4:00 and will be led by an experienced bike rodeo leader from the Bicycle Coalition of Maine.

There will be no rain date.

Participants will go through the following process:

1. Check-in with parent
2. Helmet fitting. Helmets will be provided for those needing one.
3. Bicycle Safety Check – Air, Brakes, Chain, seat adjustment (Minor repairs and lube only)
4. Follow the bike course under supervision of volunteers
5. An area on the grass recreation field will be set up with a board ride (Dave), place for riders to practice looking behind without turning into the “traffic” lane, and to host a series of slowest bike races. This area is intended for more experienced riders.
6. Refreshment area for participants with popcorn will be set up.
7. A Table with Bicycle and Pedestrian information will be set up at the registration table.

Actions:

Distribute BCM Bike Rodeo Guide (Dave)

Talk to VES parent group about support for the rodeo - volunteers and beverages (Andy)

Talk to Karen Norton to reserve the CRES parking lot for set-up at 4:00 (Eileen)

Inventory existing supply of helmets make sure we have variety of sizes (Andy, Eileen, Dave will check with YPD)

Contact CycleYork for volunteer support – especially bike checks and overseeing challenges for experienced riders. (Dave)

Check-in on progress made at end of April (Andy, Eileen, Dave)

Summary of Choose to be Healthy Coalition Meeting in Wells on March 17, 2015

Brian, Donn, and I attended this meeting. Our participation was very fruitful (and meatful for Brian)!

The Town Bicycle and Pedestrian Committee was awarded a bike rack by Healthy Maine Partners to be placed at a location of our choosing.

We also had the good fortune to sit with Holly Roberts and Stephanie Oeser the Executive Director and Program Manager for the York Region Chamber of Commerce, respectively. In talking with them, we identified the possibility of conducting a workshop with Chamber members to obtain their input for the Master Plan. Some specific areas of interest/concern expressed by Holly and Stephanie were the Spur Road intersection and areas for bike parking. Many people park at the Chamber for bike rides which can become a problem especially on Farmers' Market Saturdays and Thursdays.

The first speaker was Amy Bouchard of Let's Go 5210. "Let's Go focuses on changing environments and policies wherever children and families live, learn, work, and play."

Amy's presentation showed where they are working and how they work with schools and communities to promote healthy lifestyles.

York Schools are active participants in the program.

- 5** or more fruits & vegetables
- 2** hours or less recreational screen time*
- 1** hour or more of physical activity
- 0** sugary drinks, more water

*Keep TV/Computer out of the bedroom. No screen time under the age of 2.

Abby King spoke about the role of the Bicycle Coalition of Maine with emphasis on the SPOLES program which trains bike/ped advocates and supports them through on-going training and through the SPOKES network. Dave McCarthy is a

community SPOKE. See him or check it out at bikemain.org if you wish to join the program.

Karen Young presented an overview of the Mt A to the Sea effort of building a continuous string of conserved land from Mount Agamenticus to the Ocean through land trusts, easements, and public property. See mtA2c.org for more information. The site has a very good map of nature preserves and trails in the area.

The group then brainstormed ideas on how various groups that share the goal to make communities more active can collaborate more fully. The Coalition hosts will distribute the results which will be added to this summary when received.

Brian won the door prize - a gift certificate for the Meat Market in York.

ACTIONS:

Schedule workshop with Chamber (Dave)

Assure we address areas for park and ride in the Master Plan. (Committee)

Determine location for bike rack provided by healthy Maine Partners. (Committee)